



ESCOM

Emeritus Students
College of Marin

College Council Notes – 3/5/2026

1. Continuing to present free computer workshops under the AT&T guidelines. Coming workshops include “Ride Hail apps” and “Artificial Intelligence, parts 1 and 2.”
2. Worked up the final course for COM Community Education as “Elder Studies: Coming of Age.”
3. ESCOM completed the latest Spotlight presentation with Bridget Burke on looking at how advanced tools, like wearables and AI companions, are transforming the way we manage our health. An exploration into the future of wellness, where cutting-edge technology meets the tried-and-true ways of staying healthy.
4. Our next Spotlight presentation will be a panel on “What About Aging.” This panel will present the different aspects of ageism and its effects on our work and society. This panel correlates with the display on Ageism at the Marin County Civic Center (“What About Age”) developed by San Rafael Councilmember, Rachel Kertz.
5. We are looking at tabling and an open house at ESCOM for the May 4-8 Centennial events at Kentfield. This will end with a new author presentation at CSS 200 by Nathan Price from the Buck Institute focused on his new book: *“The Age of Scientific Wellness: Why the Future of Medicine Is Personalized, Predictive, Data-Rich, and in Your Hands.”*