Name2	Contact Information	Position	Workshop Title	How long is needed for this activity?	Is this activity of general interest for all classified staff or for a specific group?	If it's for a specific group, who would be most interested in this activity?	Please describe this activity; this will be used in publicity. include a clear connection to the theme of the day, "Cultivating Empathy and Care"	Most activities are held in smart classrooms Would you require any additional resources?	Please indicate the professional development theme that best matches your activity.	Please add any further comments or information about your activity.
Jeff Marozick	Police Dept	Administrator	CPR / AED	2 Hours	Specific Group	We can do a class maximum of 25	Students will learn life saving skills in the event of a medical emergency. Current CPR methods will be taught, and students will also learn how to utilize an AED device. Students will practice on a training mannequin.	Projector, computer for a DVD.	Institutional Effectiveness: Support institutional effectiveness(b) college-wide issues and initiatives, (c) safety and disaster preparedness, (d) mandatory professional develop training Accreditation	Officer Paul Stewart, a former EMT, will teach the class.
Tim Wat	415.485.9407	Faculty	Strengths-Based Re-framing for Empathy in Leadership	1 Hour	General Interest		One of the best ways to understand, appreciate and share the feelings of others is to learn the stories they tell themselves - to hear and learn their "meta-narrative". A useful tool from applied positive psychology is to leverage identified character strengths as a new frame for their narratives of pride and accomplishment. In this workshop, we combine this tool with the shared re-telling of stories as a vehicle to build community, culture, trust and	No.	Institutional Effectiveness: Support institutional effectiveness(b) college-wide issues and initiatives, (c) safety and disaster preparedness, (d) mandatory professional develop training Accreditation	I've used this activity in executive coaching and training workshops, as well as graduate courses in leadership communication.
Stacey Lince	SLince@marin.edu	Classified Professional	Creating Accessible Documents and Web Pages	1 Hour	Specific Group	Any staff who creates or edits student documents and/or webpages	As a community, we can work together to increase the readability of the information we provide by creating accessible media and materials such as videos, websites, and Word or PDF documents. In this hands-on workshop, staff will learn about common access barriers our college community faces when viewing print and digital media made available on our website, the MyCOM Portal, and in our courses.	Must be held in a computer lab	Student Success, Tech Training, Equity	

Stacey Lince	SLince@marin.edu	Classified Professional	Create, Share, Collaborate: Building Community Through Campus Technology	1 Hour	General Interest		Here's your chance to learn more about technology tools and applications at COM! This session will focus on cloud-based applications that have the potential to strengthen staff connections and collaboration. Applications discussed will include: MS Office 365, Canvas, ProLearning, and Zoom. This will be a hands-on experience. Bring your questions	A computer lab is required.	Technology Training: Train to use college software and technology resources effectively.	
Ron Owen	rowen@marin.edu, 415-884-3159	Classified Professional	Kentfield Campus Landscape Walking Tour	1 Hour	General Interest	Classified Professionals	The Kentfield Campus is home to a wide variety of beautiful plant and tree species. Join our Lead Gardeners in a Landscape Walking Tour to learn about the flora that grace our grounds. You will see the College through new eyes after this session! Presenters: Paul Dominguez and Steven Garrett.	Meet in front of Academic Center, Quad Area	Employee Effectiveness: Support employees to continually improve to perform at a higher level.	Note: If I have a response from the Landscape Master Plan Committee, the description and presenters may be modified.
Jonathan Eldridge		Administrator	All-Student Learning/Student Success Staff Meeting	1 Hour	General Interest		Come join Student Services and Student Success Staff to learn about updates from across the college, including facilities moves; participate in small group feedback opportunities.		Institutional Effectiveness: Support institutional effectiveness and may include (a) activities that contribute to a positive working environment, (b) information and training about college-wide issues and initiatives, (c) safety and disaster preparedness, (d) mandatory professional develop training by Chancellor's Office	
Yashica Crawford, Patricia France, Colleen Mihal		Faculty	Community Care as Self Care	1 Hour	General Interest		This interactive workshop explores barriers that may effect our interactions with others and hinder positive community building. Activities introduce reflexive strategies that promote other-oriented perspectives which support community and self care.		Equity: Offer information, best practices, and innovative methods for cultivating a safe, equitable, and inclusive environment for students and employees.	