

Professional Learning Committee (PLC)

Agenda

**April 28 2020
3:30-4:30 p.m.
Zoom**

TOPIC	DESCRIPTION	TIME	INFORMATION/ DISCUSSION/ ACTION
1. Agenda	Review/revise/approve agenda.	05 min.	Information/ Discussion/ Action
2. Minutes: 4/14/2020	Review/revise/approve minutes.		
3. PLC and Professional Learning: COVID-19 and planning for remainder of spring	<ul style="list-style-type: none"> Professional Learning Survey review Staff Appreciation Day: Updates <ul style="list-style-type: none"> Wednesday, May 13 Draft Program: <ul style="list-style-type: none"> PLC President's Message Senates Retirees PPT Funds update Faculty Professional Learning Summer Updates Classified PL Day: Updates <ul style="list-style-type: none"> Updates: Classified Senate, Unions, Administration See next page for potential sessions August 2020 Flex Week preparations (theme, proposal selection and schedule) <ul style="list-style-type: none"> Emerging theme: Boundaries / wellness / teaching effectiveness / benefits / balance / normalcy / not just the tools / both coping and inspirational / sustainability (whatever we change – what can extend beyond) 	20 min	Information/ Discussion/ Action

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Potential Classified PL Week Sessions:

Tech sessions: Stacey

Jonathan's Student Success Meeting: **What's Happening at the College? Be in the Know.**

Community Care as Self Care: Yashica/Colleen/Patty

Disaster Response: Paul / Jeff

New sessions (Ron and Wellness Committee):

- American Heart Association – Heart Health
- Anthem EAP (see below for menu of options)
- Keenan (home office ergonomics)

Still researching:

- Virtual Garden Tour (with Paul Dominguez-only conceptual, Steve Garrett is retiring)
- Questions / concerns about benefits

Anthem EAP menu of live webinars:

Anthem EAP has developed a number of webinars that you can schedule for your employees and that are specifically related to COVID-19.

Note: there are several webinars that are available in a podcast format.

- Dealing with Stress during COVID-19
- Best Practices for Working Remotely During COVID-19
- Financial Uncertainty during COVID-19
- Handling Life Positively
- Handwashing (Podcast)
- How to Keep Your Family Healthy (Podcast)
- How to Stay Healthy
- How to Stay Healthy (Podcast)
- Increasing Mental Toughness
- Leading in Times of Crisis COVID – 19
- Living in Uncertain Times during COVID-19
- Living Off Your Paycheck during COVID-19
- Losing a Loved One to COVID-19

- Managing Fear and Anxiety Around COVID-19
- Preparing your Family and Children for COVID-19
- Protecting Your Child's Health COVID-19
- Staying Social during Social Distancing
- Stress Management for High Burnout Professions
- Talking to Your Child about the Coronavirus
- The Art of Parenting during Uncertain Times COVID-19
- The Furloughed Employee
- The New Normal: Life after COVID19
- Working with Children Home
- When You or a Family Member gets COVID-19