

**Professional Learning Committee
Agenda**

**April 12, 2022
3:30-4:30 p.m.**

This meeting will take place via Zoom:
<https://marin-edu.zoom.us/j/93178868685?from=addon>

TOPIC	DESCRIPTION	TIME	INFORMATION/ DISCUSSION/ ACTION
1. Agenda	Review/revise/approve agenda.	10min.	Information/ Discussion/ Action
2. Minutes: 3/08/2022 3/22/2022	Review/revise/approve agenda.		
<ul style="list-style-type: none"> Review/Approve Classified staff funding requests Classified PL activities Mental Health Sessions Employee Appreciation Lunch Fall convocation Request - Isabel Allende Presentation Adjourn 	<ul style="list-style-type: none"> Julian Solis - California Guided Pathways Institute #2 - \$248.97, 4/27-4/30/22 Stacey Lince – Online Teaching Conference – \$500 - 6/29-7/1/22 We have requested four sessions.* April 11 – Mental Health Resources – Danila Musante April 27 – Suicide Prevention 101 for Employees Marin County Suicide Prevention Collaborative & COM 3/29/22 - Planning meeting with Beth, Maridel, Shook, Stacey, Allyson Presented plan to Dr. Coon, Cari, Patrick K., Ron Owen/Wellness Committee Ushers, support needed - 6:30 PM, Thursday, May 12, lecture and drama performance 	50 min	Discussion

Next meeting date - Tuesday, April 26

***Anthem EAP Sessions – Proposed Schedule – Awaiting Confirmation**

Wednesday, April 20 - Dynamics of change management

Change is stressful. Learning how to manage and cope with change is vital to your well-being in this ever-changing world. Even if the stress of change is unavoidable, you can learn how to deal effectively with change in the workplace and in your personal life. Discover strategies and tactics that can help you cope with change and take charge of what can be controlled

Wednesday, April 27 - Maintaining civility in the workplace

Understand how negative, disrespectful behavior can affect the work environment. Discuss the responsibility of all employees and managers/supervisors to discourage and report such behavior.

Wednesday, May 4 - Increasing mental toughness

Challenging times can be an opportunity to increase our mental toughness — a positive way to look at negative events. We will discuss what it means to be mentally tough, and dive into the topic of grit.

Wednesday, May 11 - Fostering inclusion in the workplace

Inclusive work environments are productive environments! This seminar discusses how employees and managers can create an inclusive workplace. Participants will learn to identify activities, attitudes, and assumptions that exclude co-workers. Explore how to include others in ways that not only enrich the workplace, but personal lives as well.