

College of Marin
Professional Learning Committee Meeting Minutes
Tuesday, April 12, 2022
3:30 – 4:30 pm

Present: Shook Chung, Kahea Jackson, Stacey Lince, Danila Musante, Connie Lehua, Beth Patel, Gina Longo, Emilia Rivers, Sally Wong, Carol Hernandez, Tea Perales, Cara Kreit, Cari Torres

Absent: Allyson Martinez, Tonya Hersch

Participants attended via Zoom from their campus offices or home.

Agenda – Approved with correction to Mental Health Resource presentation date

Minutes – Approved without changes

Classified Staff Funding Requests - Approved

- Julian Solis - California Guided Pathways Institute #2 - \$248.97, 4/27-4/30/22
- Stacey Lince – Online Teaching Conference – \$500 - 6/29-7/1/22

Classified PL activities

Creating a Positive Workspace Series - Anthem EAP Sessions in collaboration with Classified Senate

- **Wednesday, April 20 - Dynamics of change management**
Change is stressful. Learning how to manage and cope with change is vital to your well-being in this ever-changing world. Even if the stress of change is unavoidable, you can learn how to deal effectively with change in the workplace and in your personal life. Discover strategies and tactics that can help you cope with change and take charge of what can be controlled
- **Wednesday, April 27 - [Maintaining civility in the workplace](#)**
Understand how negative, disrespectful behavior can affect the work environment. Discuss the responsibility of all employees and managers/supervisors to discourage and report such behavior.
- **Wednesday, May 4 - [Increasing mental toughness](#)**
Challenging times can be an opportunity to increase our mental toughness — a positive way to look at negative events. We will discuss what it means to be mentally tough, and dive into the topic of grit.
- **Wednesday, May 11 - [Fostering inclusion in the workplace](#)**
Inclusive work environments are productive environments! This seminar discusses how employees and managers can create an inclusive workplace. Participants will learn to identify activities, attitudes, and assumptions that exclude co-workers. Explore how to include others in ways that not only enrich the workplace, but personal lives as well.

Mental Health Sessions

- April 4 – Mental Health Resources – Danila Musante
- April 27 – [Suicide Prevention 101 for Employees](#) Marin County Suicide Prevention Collaborative & COM

Employee Appreciation Lunch

Details of planning meeting with Beth, Maridel, Shook, Stacey, and Allyson. This will be an outdoor event. After earlier discussion about having the event in the AC courtyard, Klaus suggested moving it to the PA patio. Suzy will follow safety/Covid protocols and prepare boxed lunches or grab and go items. Cost: \$20/person. Beth and Maridel will meet with Klaus to walk the site. Ideas were suggested for music. Perhaps just having an instrumentalist is enough. Discussion about having a photo booth or other fun activities. Try to find popcorn machine.

Fall convocation

The plan is to have Convocation at IVC and include employee lunch at the Jonas Center. We want to use the plans we had for January convocation that were cancelled when we went from an -in-person to remote event.

Request - Isabel Allende Presentation – 6:30 p.m., May 12, James Dunn Theatre

Volunteers were requested to help with ushering and other tasks at the presentation. Volunteers include: Connie Lehua, Carri Torres, Shook Chung, Gina Longo, Beth Patel

Adjourn

Next meeting date: Tuesday April 26, 2022