

SPRING 2026 PRE-FLEX WEEK ATTENDANCE

Date	Flex Session Title	Attendance
1/5/26	Health Guide for Men	7
1/5/26	Health Guide for Women	10
1/6/26	My Retirement Decisions	17
1/6/26	Medicare 101 Seminar	16
1/6/26	Creating an Annual Wellbeing Plan	17
1/7/26	Delta Dental 101	22
1/7/26	Hartford on Basic Life, AD&D, Long-Term Disability, Short-Term Disability, Voluntary Life and AD&D	8
1/7/26	Clarifying the New Student Experience	12
1/8/26	CalPERS - Benefit Basics	10
1/8/26	CalPERS: Planning Your Retirement - For members within 10 years of retirement	15
1/8/26	CalSTRS - I Will Retire This Year	10
1/9/26	Benefits 101: Medical Benefits	19
1/9/26	Sterling 101 – Health Savings Accounts and Flexible Spending Accounts	11

TOP 5 SESSION ATTENDANCE IN GREEN