

Ground Rules

- Strive for intellectual humility. Be willing to grapple with challenging ideas.
- Differentiate between opinion-which everyone has-and informed knowledge, which comes from sustained experience, study, and practice. Hold your opinions lightly and with humility.
- Let go of personal anecdotal evidence and look at broader group-level patterns.
- Notice your own defensive reactions and attempt to use these reactions as entry points for gaining deeper self-knowledge, rather than as rationale for closing off.
- Recognize how your own social positionality (e.g., race, class, gender, sexuality, ability) informs your perspectives and reactions to the speaker.
- Differentiate between safety and comfort. Accept discomfort as necessary for social justice growth.
- Identify where your learning edge is and push it. For example, whenever you think, "I already know this", ask yourself, "How can I take this deeper?" or "How am I applying what I already know, to practice?"

Respecting Differences, Sensoy & Diangelo